

BIBLE CHALLENGE

1. How many sacraments are there in the Lutheran church?
 - a. Three
 - b. Seven
 - c. Two
 - d. Four
2. What are the sacraments?
 - a. Holy Communion
 - b. Marriage
 - c. Baptism
 - d. Confirmation
3. What makes it a sacrament?
 - a. It's a command of Jesus Christ
 - b. It's God's promise to love us ... forgive us ... save us
 - c. It includes an earthly/ordinary thing
 - d. All of the above
4. In what Bible verse(s) does Jesus tell about Holy Communion?
 - a. Matthew 26:17-29
 - b. Mark 14:12-25
 - c. Luke 22:7-23
 - d. All of the above
5. What was the meal Jesus was eating with his disciples?
 - a. Christmas dinner
 - b. Passover
 - c. Feeding of the 5,000
 - e. All of the above
6. What are other names for Holy Communion?
 - a. Lord's Supper
 - b. Sacrament of the Altar
 - c. Last Supper
 - d. Eucharist
 - e. All of the above.

HOLY COMMUNION

Holy Communion is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ himself for us Christians to eat and to drink.

What is the benefit of such eating and drinking?

The words "given for you" and "shed for you ... for the forgiveness of sin" show us that forgiveness of sin, life and salvation are given to us in the sacrament through these words, because where there is forgiveness of sins, there is also life and salvation.

How can bodily eating and drinking do such a great thing?

Eating and drinking certainly do not do it, but rather the words that are recorded: "given for you" and "shed for you ... for the forgiveness of sin" (Matt. 26:17-29; Mark 14:12-25; Luke 22:7-23) These words, when accompanied by the physical eating and drinking, are the essential thing in the sacrament, and whoever believes in these very words has what they declare and state, namely, "forgiveness of sin."

Who, then, receives this sacrament worthily?

Fasting and bodily preparation are in fact a fine external discipline, but a person who has faith in these words, "given for you" and "shed for you ... for the forgiveness of sin," is really worthy and well prepared. However, a person who does not believe these words or doubts them is unworthy and unprepared, because the words "for you" require truly believing hearts.

(Luther's Small Catechism)

Answers:

1. c; 2. a, c; 3. d; 5. b; 6. e